

Forensic Toxicology

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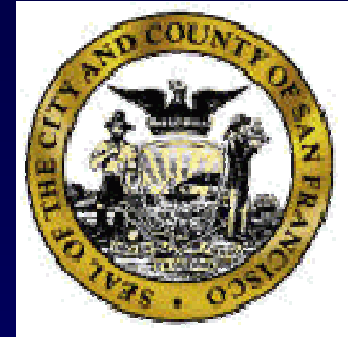
San Francisco

*“The desire to abuse drugs is limited only
by one’s imagination and resources.”*

-David Dolinak, M.D.



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Toxicology panels

- A = Alcohol
 - Gas Chromatography- Flame Ionization Detector (GC-FID)
- B = Common drugs of abuse (prescription and street)
 - Enzyme-linked immunosorbent assay (ELISA)
- C = More comprehensive panel than B
 - Gas Chromatography- Mass Spectroscopy (GC-MS)
- D = Carbon Monoxide
- E = Electrolytes
- NTP = No test performed

Toxicology specimens

- **Blood**
- **Vitreous fluid**
- **Urine**
- **Bile**
- **Solid organs**
- **Gastric contents**



Blood

- Central blood may absorb drugs from internal organs → ↑ drug levels
 - Good for screening
- Peripheral blood is relatively separate/isolated from internal organs (stomach, intestines)
 - Good for quantitation
- Preservative = Sodium fluoride
 - Inhibits microbes and enzymes

Vitreous fluid

- Sequestered from blood and bacteria post-mortem
- Used for EtOH and opiate levels
- Also used for vitreous chemistry
 - Urea nitrogen has most independent significance (↑ in uremia, dehydration)
 - Helpful to evaluate elevated glucose (>200 mg/dL suggests diabetic)



Vitreous fluid

- $\text{EtOH}_{\text{blood}} > \text{EtOH}_{\text{vitreous}} = \text{absorptive}$
- $\text{EtOH}_{\text{blood}} < \text{EtOH}_{\text{vitreous}} = \text{metabolic}$



Absorptive



Metabolic

Solid organs

- Liver
 - Right lobe (away from stomach)
 - Drugs, metabolites, ratio
 - Protein-bound drugs (TCAs)
- Lung: Volatiles
- Kidney: Heavy metals

Gastric contents

- Pill fragments
- “Packers” and “stuffers”
- Non-uniform, all should be collected and amount recorded

Urine

- High volume can *suggest* overdose
- Longer-lasting reservoir for drugs than blood
- Often has higher drug levels than blood

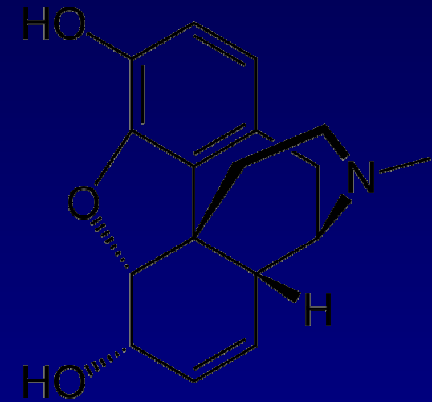
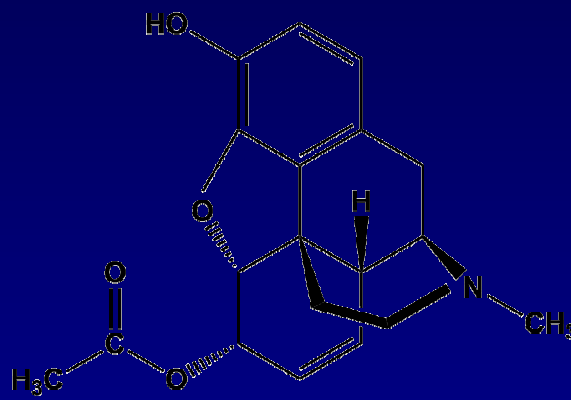
Other

- Hair, fingernails, meconium, hematomas:
Chronic/past drug use
- Maggots: Decomposed bodies
- Skeletal muscle
 - Buttock: Embalmed bodies
 - Thigh: Decomposed bodies

Possible artifacts

- Ethanol from bacterial fermentation
 - Usually < 0.05 , reports up to 0.20
- Gamma-hydroxybutyrate (GHB)
 - Forms post-mortem in many tissues, not urine
- Metabolism can occur during prolonged death

Heroin metabolism



Heroin

- Pro-Drug
- $\frac{1}{2}$ life = minutes

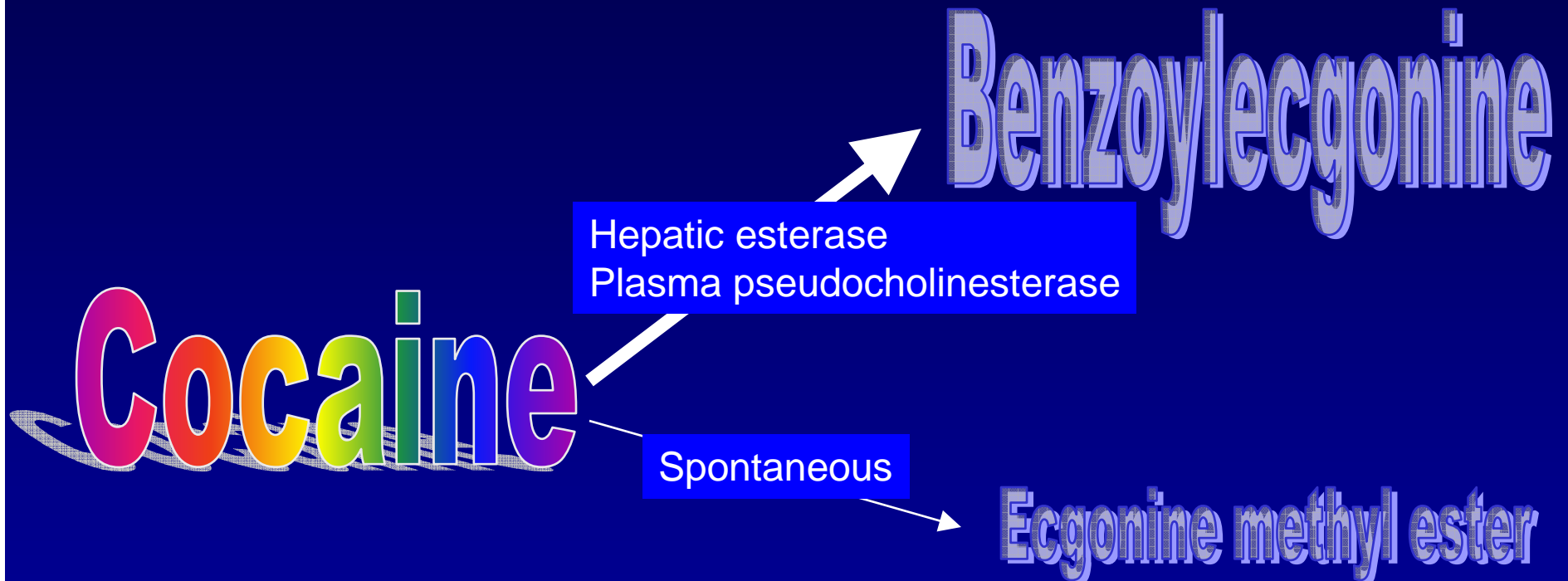
6-MAM

- μ -opioid agonist
- Specific metabolite of heroin
- Excreted in urine

Morphine

- μ -opioid agonist
- Metabolite of heroin, codeine, etc.

Cocaine metabolism



- Inhibits synaptic reuptake of E, NE, D, S
- Stimulates release of NE
- Metabolized by liver

- Inactive metabolites
- Excreted in urine

Drug metabolism

- Heroin
 - Very short $T_{1/2}$, especially in blood (longer in vitreous)
 - 6-MAM specific metabolite, longer $T_{1/2}$
- Cocaine
 - Inactive metabolites (especially benzoylecgonine) have longer $T_{1/2}$

Agent Orange

- Agent Orange is a defoliant used during U.S. involvement in Southeast Asia
- Dioxin (2,3,7,8-Tetracholorodibenzo – P-Dioxin TCDD) is a very toxic synthetic chemical which arises as a by-product in the manufacture of Agent Orange (2, 4, 5-T)
- Toxicology specimens: blood, liver and 50 grams adipose tissue

Volatiles: Ethanol

- Widmark formula:
 - Used to calculate BAC as a percentage of TBW
 - TBW%/body weight higher in thin people
- Problems:
 - Factors vary from male to female, by individual
 - Alcohol in the stomach is being absorbed
 - Alcohol in body is being metabolized:
 - one standard sized drink raises the BA ~0.02%
 - an average adult metabolizes ~ one drink per hour or 0.017% per hour.

Ethylene Glycol

- Relatively inexpensive and easily obtainable
- Used predominately as an antifreeze-antiboil additive in motor vehicles, but also found in detergents, paints, cosmetics, and deicing products.
- Sweet taste, odorless and colorless, but commonly has fluorescent green or yellow dye added.
- Intoxicant: properties similar to EtOH when ingested.

Ethylene Glycol

- Stages:
 - 12-24 hours: CNS depression, measurable blood ethylene glycol, osmolal gap.
 - Past 24 hours, cardiopulmonary effects predominate, glycolic acid, anion gap metabolic acidosis.
 - 2-3 days renal failure.
- Rx: IV ethanol
- Oxalate crystals accumulate in the kidneys at all stages.
- Antifreeze: blue or green thick liquid in residence
- Usually suicide or accident (chronic alcoholics), Rarely homicide.

Crack Thumb

- Holding hot crack pipe



Cocaine: Septal Perforation

- Local vasoconstriction causes ischemia and nasal septal perforation



Specimen collection

- Blood:
 - Peripheral preferable to heart (RV) or central
 - Gray top tube:
 - sodium flouride
 - potassium oxalate
 - Serum separator: tryptase

Special Thanks

- Kimberley Evason, M.D., Ph.D.